

# Join us for the **For Your Health Expo**



**March 3, 2011**

**9:00 am - 1:00 pm**

**Davie Family YMCA  
215 Cemetery Street, Mocksville**

**Free to everyone!**

## **Health screenings available:**

- **Blood Pressure**
- **Total Cholesterol**
- **Stroke Screening**
- **BMI**
- **Weight/Waist Circumference**
- **One-on-One Counseling**
- **and Much More!**



## **Sponsored by:**

