

PRESS RELEASE

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Davie County Chamber Presents For Your Health Expo

The Davie County Chamber and the Davie Family YMCA are pleased to present the 2017 ***For Your Health Expo*** on **Tuesday, March 14th** at Davie Family YMCA at **215 Cemetery Street in Mocksville**. ***For Your Health Expo*** runs from **9am to 1pm** and is free to adults of all ages. This annual community event brings vendors of healthy lifestyle products and services together under one roof to offer Davie County residents a convenient one-stop healthy lifestyle information experience.

Sponsored by Wake Forest Baptist Health – Davie Medical Center and Novant Health, the ***For Your Health Expo*** offers access to important information as well as direct interaction with a variety of medical service providers. Several free health screenings will be offered including blood pressure, cholesterol, HDL, glucose, A1C, bone density and much more. With healthcare costs on the rise and interest in personal wellbeing at an all-time high, ***For Your Health Expo*** provides residents with a great opportunity to take positive steps toward improving their health.

For Your Health Expo is a collaborative effort of the Davie Family YMCA and the Davie County Chamber of Commerce to connect our health and wellness businesses directly with our community in an environment that promotes complete health in spirit, mind and body. “This was established as a community service event but it also provides an opportunity for both our organizations to serve our members and further the missions of both the Y and the Davie Chamber.” Said Carolyn McManamy, President of the Davie County Chamber of Commerce.

Plan to head to the Davie Family YMCA on Tuesday, March 14th to start your journey of healthy living. Do it for your health and do it for the health of your family! For more information contact the Davie County Chamber of Commerce at 336.751.3304 or email chamber@daviecounty.com.

For over 45 years, the Davie County Chamber of Commerce has served the business community as the catalyst of business growth and economic development. We believe in working together to promote a strong and vibrant business community throughout all of Davie County. As the countywide Chamber, we represent businesses from Cooleemee to Advance, Mocksville to Bermuda Run and all points in between. Our office is located at 135 S Salisbury Street in Mocksville where you will also find the Davie County Visitor Center and Davie County Economic Development Commission office.