



JOIN THE MSHM TEAM CHALLENGE!

We want to recognize organizations and businesses that make their member/employees' health and fitness a priority. To compliment or jumpstart your wellness program, we make it easy to encourage your team to make strides in their overall health and well-being.

The MSHM Corporate Wellness Challenge program includes opportunities for professional coaching and training plans, team lunch & learns, discounted race entry, a fun competition against other area businesses and organizations, and exclusive Race Day perks to create an engaging team-building experience for you and your colleagues! See all the benefits and team options on the following page.

TEAM DIVISIONS AND SCORING

Encourage your members/employees to register under your team name and automatically be entered in the Team Division competition and compete against other teams in their division (Small, Mid-Size or Large) and win bragging rights depending on performance within their division.

TEAM WELLNESS UPGRADE

Treat your group to the pre-race VIP Party, or we'll have the meal brought to you (within 20 miles of race site)! Meals including selections expertly chosen to maximize race performance! Contact us for further details

BENEFITS INCREASE AS TEAM SIZE GROWS!

SMALL TEAM (20 participants or less)

- \$10 discounted entry per runner
- Team Training Plan
- Dedicated Team Social Media Page
- Entry into the Team Division challenge

MID-SIZE TEAMS (21-50 participants)

- \$10 discounted entry per runner
- Team Training Plan
- Dedicated Team Social Media Page
- Entry into the Team Division challenge
- Team Lunch & Learn or Webinar
- Team Race Day Porta-Potty

LARGE TEAMS (teams of more than 50)

- \$10 discounted entry per runner
- Team Training Plan
- Dedicated Team Social Media Page
- Entry into the Team Division challenge
- Team Lunch & Learn or Webinar
- Team Race Day Porta-Potty
- Assigned Team Professional Coach

Send an email to racedirector@mainstreetmarathon.com for more information or to set up your team!

www.mainstreetmarathon.com